



*A conference dedicated to advancing and strengthening parent education*

### **Pre-Institute Workshops**

Thursday, May 19, 2005

McNeal Hall – St. Paul Campus, 1985 Buford Avenue  
University of Minnesota

### **Parent Education Institute**

Friday and Saturday, May 20 & 21, 2005

Continuing Education and Conference Center *(formerly Earle Brown Center)*  
St. Paul Campus, 1890 Buford Avenue  
University of Minnesota  
St. Paul, Minnesota

Sponsor:



Minnesota Council on Family Relations  
[www.MCFR.net](http://www.MCFR.net)

In partnership with:

Family Education Program – University of Minnesota  
National Parent Education Network  
University of Minnesota Extension Service  
Children Youth and Families Consortium – University of Minnesota



## Welcome!

**This conference will be highly participatory and will enable parent educators to:**

- Connect and be energized around their work
- Articulate the value of parent education
- Learn about parenting and parent education
- Use the past to create the profession's future
- Identify best practices in parent education
- Apply parent education in diverse families
- Advocate for parent education

**Please join us –**

Rose Allen & Marty Rossmann, Co-chairs  
Ted Bowman, Navigator

“One contemporary social critic has compared family life to an airplane flight; both need a clear destination, a flight plan, and a compass to keep them on course. I would add that both require careful and knowledgeable piloting. Like airplanes, which can stray from their flight plans but come back and (hopefully) arrive at their destination safely, families (the best of which go off course) can come back on their flight plan and reach a desired destination through knowledge, organization, and commitment. The turbulence is great way up there where families are trying to fly today, and good piloting, that is, - - parenting - - is required.”

**Marc Bornstein**

“The goals of parent[ing] education are to strengthen families by providing relevant, effective education and support and to encourage an optimal environment for the healthy growth and development of parents and children.”

**NPEN Core Principles**

“To achieve this work of wonder, we intend to copy the parts of the parenting we received that helped us and then improve on the rest. We dream. We think and talk about how lovingly we will parent.”

**Jean Illsley Clarke**

## Directions

**Conference Center** (meeting rooms only)

Located on the St. Paul campus of the University of Minnesota, about 25 minutes from the airport.

**From I-94**, go north on Snelling Avenue to Larpenteur Ave. Go west on Larpenteur to Gortner (1st light). Turn south on Gortner to Buford.\* Turn east on Buford and go 1 block to Conference Center parking. There is a parking fee. **From I 35**, take Hwy 36 exit. Turn south on Cleveland Ave. Go to Larpenteur Ave. Turn east on Larpenteur and go to Gortner (1st light). Follow directions from \* above.

**McNeal Hall** (pre-conference sessions) Follow directions to Conference Center. McNeal Hall is one block west of the Conference Center.

## Lodging

**Radisson Hotel Roseville** 2540 No. Cleveland Ave.

Arrangements been made for May 19 and 20.

Individuals should contact the hotel at 651-636-4567 or 800-333-3333. Special rate is available if the Parent Education Institute is mentioned: \$85 + 9.5% tax. Rooms available at this rate only until **April 28**.

Approx. 3 miles from Conference Center. Twenty five minutes from airport. Take taxi from airport. Exit off of I35W on Co. Rd. C follow signs to No. Cleveland.

**Sign up for free shuttle to Conference Center.**

## Credits

**Graduate Credit Course** CI 5900 Special Topic in Family, Youth & Community: Parent Education: Charting Our Future. Tuition (in addition to the Institute fees) is \$326 plus \$40 University fees. You must pre-register by calling 612-625-5060 or e-mailing cpstudy@umn.edu. The University will send a bill after registration. Returning University students can register online through OneStop using number: 88783. The course is based on Institute attendance and participation plus checking in on Friday, attending a working lunch on Friday, and a brief meeting at the close of the Saturday session. Contact Michael Jerpbak with questions: jerp001@umn.edu or call 612-624-1265.

**Continuing Education Units** (CEUs) have been applied for. The cost for 1.2 hours is \$15 which must be paid along with Institute fees .

**Clock Hours** A certificate for 12 hours will be available to all participants at the end of the conference on May 21.

**Certified Family Life Educator Credits** Credits will be available for 12 contact hours or 1.2 CFLE credits.

## Exhibits

A bookseller and the sponsors will have displays. To inquire about having a display table, e-mail Linda Vukelich at l.vukelich@comcast.net

# Highlights of Pre-Institute & Institute

## Thursday – Pre-Institute Workshops

Mc Neal Hall – St. Paul Campus - University of MN  
(For details, go to [www.parenting.umn.edu](http://www.parenting.umn.edu))

### Morning

9 – 11:30 **We Agree: Creating a Parenting Plan for Divorcing or Never Married Parents** (Training for Professionals) •parenting time arrangements •communications skills •legal aspects  
Rose Allen, Ellen McCann & Minnell Tralle

### Afternoon (Choose One)

1 – 5 PM **How Does Divorce Affect Parents and Children?** •risks and protective factors •strategies to deliver divorce education  
Rose Allen, Ellen McCann, Minnell Tralle

1 – 4 PM **What's New with Teens and Their Families?** •normative adolescent development •parent-adolescent relationships •bi-directional relationship between teens & their family system  
Jodi Dworkin, Colleen Gengler, Kathleen Olson

## Friday Morning – Institute

Continuing Education and Conference Center – St. Paul Campus - U of MN (For details, go to [www.mcfr.net](http://www.mcfr.net))

The Practitioner of Parent Education sessions will be led by Ted Bowman.

7:45 **Registration for Institute & Credit Course** – Continental Breakfast – Exhibits

**Welcome, Overview** Marty Rossmann and Rose Allen (Co-Chairs)

**Greetings from the University of Minnesota**

**The Practice of Parent Education: Building on Personal Expertise** (Ted Bowman)

- “Positive Parenting and the Promotion of Positive Development in Children” Marc Bornstein
- “Differing Ways Parents Gain Knowledge and Insight” Glen Palm, Parents and Participants

11:45 **Buffet Lunch – Exhibits – Networking - NPEN & U of MN course meetings**

## Friday Afternoon

**The Practice of Parent Education: Setting the Stage for Parents' Learning** (Ted Bowman)

- “Looking Back, Moving Forward: What Families in the STEEP Program Have Taught Me About Supporting Them to Be the Best They Can Be” Marti Erickson

- “Best Practices of Experienced Parent Educators” Jean Illsley Clarke and H. Wallace Goddard  
Rose Allen, Moderator

**The Practice of Parent Education: Ways to Do “Best Practice”** (Ted Bowman)

- “Community Engaged Parent Education” Bill Doherty

**Author's Reception – Networking - Exhibits**

6:00 **Adjourn – Dinner on Your Own** (List of restaurants and opportunities to identify dinner companions will be available)

## Saturday Morning & Early Afternoon

8:00 **Continental Breakfast – Exhibits - Networking**

**The Practice of Parent Education: Improving Parent Educator's Practices** (Ted Bowman)

- **The Practice of Parent Education: Key Issues in Parent Education Breakout Sessions** (choose one)

1. Evaluating Parent Education – Betty Cooke
2. Using Theories to Guide Parent Education Practice - Marty Rossmann
3. When Parents Differ: Dealing With Controversial Issues – Ted Bowman
4. Defining Core Competencies for Parent Educators: Framework and Issues – Glen Palm
5. Selecting and Using Curriculum and Instructional Strategies – Dana McDermott
6. Meeting Outside the School or Congregation: Parent Education in a Variety of Settings – Kristen Stuenkel, Facilitator, & Practitioners Panel

**The Practice of Parent Education: Making the Case for Parent Education** (Ted Bowman)

- “Why Is Parent Education Needed?” Wallace Goddard

**Box Lunch – Networking**

**The Practice of Parent Education: Developing Principles to Guide Parent Education Into the Future** (Ted Bowman)

- “Get Ready - Get Set - Go Forth” Ada Alden

2:00 **Adjourn and Next Steps** Rose Allen and Marty Rossmann

For more Parent Education Institute information, go to

[www.MCFR.net](http://www.MCFR.net)

# Institute Faculty

**Pre-Institute Faculty** Jodi Dworkin is an Asst. Prof. in the Family Social Science Department, U of MN, Rose Allen, Colleen Gengler, Ellen McCann, Kathleen Olson and Minnell Tralle are Family Relations Specialists with the University of Minnesota Extension Service.

**Ada Alden**– Director of Family Educational Services at the Family Center in Eden Prairie, where she leads a parent education program. Author of Parenting on Purpose: Red, Yellow Green Framework for Respectful Discipline (2004). Dr. Alden is a nationally certified family life educator.

**Rose Allen**– Family Relations Specialist, Univ. of MN Extension Service. One of the authors of the Positive Parenting curriculum series. She Co-Chairs planning this Institute.

**Marc Bornstein**– Dr. Bornstein is Senior Investigator and Head, Child and Family Research, National Institute of Child Health and Human Development. His resume includes numerous national and international achievements, honors and recognitions. He has published many books and monographs and edited Vols. I-V (2 editions) of the Handbook of Parenting. He is the founding Editor of Parenting: Science and Practice. Marc is the author or consultant on several children's books, videos and puzzles in the Child's World and Baby Explorer series. His papers have been published in 11 languages and he's given invited addresses in 18 countries.

**Ted Bowman**– Because of his expertise in group process and parent education, Ted has consulted widely in the USA, South America, England and Russia. He has taught parent education classes at the University of Minnesota for over 20 years. One of his special interests is storytelling. He is the author of Loss of Dreams: A Special Kind of Grief (1994.) Ted is the "Navigator" for the participant interaction sessions of the Institute.

**Jean Illsley Clarke**– Jean is an internationally known parent educator, teacher trainer, the author of Self-Esteem: A Family Affair, and co-author of How Much Is Enough? Everything You Need to Know to Steer Clear of Overindulgence and Raise Likeable, Responsible and Respectful Children. She has received an Honorary Doctorate and numerous awards and recognitions.

**Betty Cooke**– Early Childhood and Family Education (ECFE) Specialist in the MN Department of Education. Betty administered the ECFE program. She guided two significant evaluations of ECFE and has written and given reports to the MN policy makers about the quality of ECFE. She is a member of the NPEN Council.

**William Doherty**– Recently named one of 10 Minnesotans who are revolutionizing the way we learn, lead, love and stay alive. He is Professor of Family Social Science at the Univ. of MN and a past President of the National Council on Family Relations. Bill Doherty has authored or edited 9 professional books on family studies and over 100 scholarly publications as well as four books, such as Take Back Your

Kids: Confident Parenting in Turbulent Times, for the lay public. Dr. Doherty's current work focuses on re-envisioning the role of family professionals as catalytic leaders in working with communities of families.

**Martha Ferrell Erickson**– Having served as the first Director of the U of MN's Children, Youth & Family Consortium from 1991 to 2003, Marti now is co-chairing the U of MN President's Initiative on Children, Youth and Families. Dr. Erickson specializes in parent-child attachment, child abuse prevention, and community-based approaches to strengthen families. With Byron Egeland, she developed STEEP (Steps Toward Effective, Enjoyable Parenting) a preventive intervention program for parents and infants. Marti is the co-author of Infants, Toddlers & Families: A Framework for Support and Intervention.

**H. Wallace Goddard**– Wally serves as an Extension Family Life specialist for the University of Arkansas Cooperative Extension Service. He develops programs on parenting and participated with a national team to develop The National Extension Parent Education Model. Dr. Goddard helped Stephen Covey write The 7 Habits of Highly Effective Families and worked with Alice Ginott, widow of Haim Ginott, to update Ginott's book, Between Parent and Child. He writes web articles, produces television programs and translates research discoveries into useful information for parents and families.

**Dana McDermott**– A certified Family Life Educator, Dr. McDermott is an Assistant Professor, School for New Learning, DePaul University, Chicago, IL. Her career focus has been on the growth and development of parents over the lifespan. She is a member of the NPEN Council.

**Glen Palm**– As a Professor of Child and Family Studies at St. Cloud State University, St. Cloud, MN, Glen teaches courses in child development, parent education and parent involvement in early education. Dr. Palm is also a part-time parent educator with major research and practice interests in parent education with fathers. He was co-editor of Working with Fathers: Methods and Perspectives and co-author of Group Parent Education: Promoting Parent Learning and Support.

**Marty Rossmann**– Recently retired from the University of MN, Marty is Professor Emeritus, Family Education. Her teaching and research interests have focused on parent-child relationships, parent education and work-life linkages. She is a co-chair of this Institute. Dr. Rossmann is a member of the NPEN Council.

**Kristen Stuenkel**– An active practicing parent educator, Kristen is involved in a research project that delivers parent education by telephone. She also teaches parents in group settings. She will use her expertise as a facilitator to lead a discussion about delivering parent education to groups and individuals in many settings, using many methods.





# MAY 19 PRE- INSTITUTE MAY 20-21 INSTITUTE **REGISTRATION FORM**

**One registration per form. This form may be duplicated.**

## Easy Registration Steps:

1. Determine the total of your choices for Pre Institute, CEUs and Institute
2. Make checks out to: *Minnesota Council on Family Relations*
3. Send check to:  
2738 Evergreen Cir,  
St. Paul, MN 55110

Name	(First)	(Middle)	(Last)	(Name for name tag)
Organization/Title				
Street Address				
City/State/Zip				
Phone with Area Code		(day)	(evening)	
E-mail address:				

## Registration Fees

**Pre Institute Workshops** (Thursday, May 19, 2005) Choose 1 or 2

### Pre-register After May 6 or on site

- |          |          |   |
|----------|----------|---|
| ___ \$35 | ___ \$40 | We Agree: Creating a Parenting Plan, 9:00 a.m.        |
| ___ \$35 | ___ \$40 | How Does Divorce Affect Parents & Children, 1:00 p.m. |
| ___ \$35 | ___ \$40 | What's New with Teens and Their Families?, 1:00 p.m.  |

**Institute** (Includes all sessions, materials, Continental breakfasts, 2 lunches)

### Prior to May 6 After May 6 or on site

- |           |  |                          |
|-----------|--|--------------------------|
| ___ \$195 | ___ \$220  | MCFR, NPEN members' rate |
| ___ \$230 | ___ \$255  | Non- member rate         |
| ___ \$120 | *Student Scholarship rate (See eligibility note) |                          |
| ___       | Request vegetarian lunch                         |                          |

**CEU Fee** (Approval pending for 1.2 hours. Details on page 2)

- \_\_\_ \$15 By May 6-no late registration

\_\_\_ **I plan to register for the 1 cr Graduate Credit course** (Details on page 2)

**MCFR Membership** Members of MCFR receive discounted registration fees when they join the professional association. In addition to regular networking opportunities, members connect on the listserv and web page or in person at the annual conference in December.

I wish to join MCFR

- |          |                            |
|----------|----------------------------|
| ___ \$35 | Individual                 |
| ___ \$15 | Student/Unemployed/Retired |
| ___ \$60 | Organizational             |

\$ \_\_\_\_\_ **Total Amount of check enclosed.**

\$ \_\_\_\_\_ **Total Amount of check to be sent by my employer.**

Employer phone number \_\_\_\_\_

### Saturday morning Breakout Session

(Select one)

- \_\_\_ Evaluating Parent Education
- \_\_\_ Using Theories
- \_\_\_ Controversial Issues
- \_\_\_ Defining Core Competencies
- \_\_\_ Curric./Instructional Strategies
- \_\_\_ Meeting Outside the School

**Confirmation:** *Your cancelled check will be your receipt. You may assume you are registered, unless you hear from us. You will be contacted only if there are questions about your registration.*

**Cancellation Policy:** *Cancellations received by May 6 will be refunded the registration fee minus a \$25 processing charge. There will be no refunds for cancellations received after May 6.*

**\*Scholarship Rate Explanation:** *The Family Education Program at the U of MN offers \$75 scholarships to students at any college or university who have enrolled in at least one parent education course during the past 12 months. The scholarship must be applied for by May 6 and is subtracted from the \$195 member rate. Student eligibility is self-determined on an honor system. The number of scholarships is limited and will be awarded on a first come, first served basis. All applicants will be notified by e-mail.*



## **Pre-Institute**

May 19, 2005

McNeal Hall

St. Paul Campus, University of Minnesota

## **Parent Education Institute V**

May 20-21, 2005

Continuing Education Center

St. Paul Campus, University of Minnesota

**YOUR INVITATION TO ATTEND IS ENCLOSED  
REGISTER EARLY. SPACE IS LIMITED.**

*Please share this with your colleagues. Thanks!*

**[WWW.MCFR.NET](http://WWW.MCFR.NET)**

Minnesota Council on Family Relations  
2738 Evergreen Circle  
St. Paul, MN 55110

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